

# Give Thanks

## GRATITUDE

Help children recognize blessings and express gratitude to God and others.

### LESSON OBJECTIVE

Help children understand this truth: I can notice Heavenly Father's blessings and say thank you.

### 5-MINUTE OPENER

Ask children what they already know about gratitude. Let two or three children share, then connect their answers to Jesus Christ.

### SCRIPTURE MOMENT

Choose one short scripture from this week's Come, Follow Me reading or another passage that clearly teaches the principle. Read it together and ask what it teaches about God and about us.

### DISCUSSION QUESTIONS

What does gratitude teach us about Heavenly Father or Jesus Christ? How can we live this principle this week? When might it be difficult? Who can help us?

### ACTIVITY

Use the matching Papa Awesome Gratitude activity or coloring page. Invite children to explain what they drew or chose and how it connects to the gospel principle.

### CLOSING CHALLENGE

Invite each child to choose one small action connected to gratitude and do it before next Sunday.