

Choose Peace

FORGIVENESS

Teach how Jesus Christ helps us forgive and let go of resentment.

LESSON OBJECTIVE

Help children understand this truth: Jesus Christ can help me forgive others and choose peace.

5-MINUTE OPENER

Ask children what they already know about forgiveness. Let two or three children share, then connect their answers to Jesus Christ.

SCRIPTURE MOMENT

Choose one short scripture from this week's Come, Follow Me reading or another passage that clearly teaches the principle. Read it together and ask what it teaches about God and about us.

DISCUSSION QUESTIONS

What does forgiveness teach us about Heavenly Father or Jesus Christ? How can we live this principle this week? When might it be difficult? Who can help us?

ACTIVITY

Use the matching Papa Awesome Forgiveness activity or coloring page. Invite children to explain what they drew or chose and how it connects to the gospel principle.

CLOSING CHALLENGE

Invite each child to choose one small action connected to forgiveness and do it before next Sunday.