

Family Kindness Bingo

Try to complete four in a row.

Choose a square as you do each action. Try to get four in a row.

Say thank you	Help without asking	Give a hug	Read together
Pray together	Let someone go first	Say "I love you"	Clean a shared space
Play kindly	Listen without interrupting	Help with dinner	Write a note
Forgive quickly	Share something	Ask how someone feels	Do a secret service