

October 26-November 1

I Will Turn Their Mourning into Joy

Come, Follow Me: Jeremiah 31-33; 36-39; Lamentations 1; 3

Lesson focus

God offers hope, covenants, forgiveness, and joy even after sorrow or failure.

SCRIPTURE FOCUS

Jeremiah 31:3, 13, 31-34; Lamentations 3:22-26

5-MINUTE OPENER

Crumple a paper heart, then smooth it out. Explain that painful experiences leave marks, but the Lord can still bring healing, hope, and new beginnings.

TEACH THESE TRUTHS

- God loves His people with enduring love.
- The Lord writes His law in willing hearts.
- Hope in the Lord can continue during sorrow.

DISCUSSION QUESTIONS

- What helps you feel the Lord's love?
- What does it mean to have God's law in our hearts?
- How can hope help when life is difficult?

CLOSING CHALLENGE

Invite children to write or draw one reason they can hope in Jesus Christ.

Use with the official Church lesson.

This Papa Awesome help is independently created supplemental material and is not an official publication of The Church of Jesus Christ of Latter-day Saints.

Official lesson: <https://www.churchofjesuschrist.org/study/manual/come-follow-me-for-home-and-church-old-testament-2026/44?lang=eng>